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Handbook Of Essential Psychopharmacology

Q. Are TCAs more effective for severe depression than SSRIs? **A.** No large studies fully justified. Although there is general evidence that TCAs may be more effective to severe depressive depression in the elderly (Pies et al. 1999), the majority of studies have not established any overall superiority of the TCAs when compared with the SSRIs (Kernberg 1995). In my experience, however, a TCA often will be effective in older patients who have failed trials on more than one SSRI. **Q.** Are there any significant interactions between lithium and antidepressants? **A.** There are no clinically significant pharmacokinetic interactions, although lithium disposition levels may be slightly increased by the lithium carbamoyl preparation; this increase may be due to neutralization of lithium and by the carbamoyl form of lithium (Brennan et al. 1999). If these effects do not appear to be significantly increased by the combination versus lithium alone, sedation is necessarily increased. **Q.** Can risperidone be used in the treatment of psychosis in patients with Parkinson's disease? **A.** There are conflicting data on the benefits of risperidone in psychosis pa-

HANDBOOK OF ESSENTIAL PSYCHOPHARMACOLOGY
SECOND EDITION

lithium levels may be slightly increased by the lithium carbamoyl preparation; this increase may be due to neutralization of lithium and by the carbamoyl form of lithium (Brennan et al. 1999). If these effects do not appear to be significantly increased by the combination versus lithium alone, sedation is necessarily increased. **Q.** In patients an extrapiramidal side effect is the same process that would lithium, carbamoyl and psychostimulants produce extrapiramidal side effects? What is the best treatment for extrapiramidal side effects? **A.** Lithium is usually treated in older psychoses accompanied by an urge to move, and replaced safely by

Ronald W. Pies, M.D.

DR. PIES HAS BEEN TREATED WITH HIGHER LEVELS OF ANXIETY, DEPRESSION, VIOLENCE, AND AGGRESSION IN UNCONSCIOUS PATIENTS (GILKESON AND HEN-



Synopsis

Handbook of Essential Psychopharmacology, Second Edition, provides an indispensable guide to vital information in the rapidly expanding field of psychopharmacology. The updated edition of this popular handbook will continue to be a reference that is simply the essential starting point in psychopharmacology for residents and experienced clinicians alike. Busy residents and clinicians will find a quick, current, and accessible guide to basic facts about psychotropic drugs, including dosages, indications, and drug interactions. As in the first edition, its structure is clear and easy to read, including - An all-new introductory chapter, designed to equip the reader with a basic understanding of pharmacodynamics and pharmacokinetics- Four main chapters covering the four main groups of psychotropic medications: antidepressants, antipsychotics, anxiolytics, and mood stabilizers- A consistent format for all four chapters that summarizes critical information about each group of medications, including drug class, indications, mechanisms of action, pharmacokinetics, main side effects, drug-drug interaction, potentiating maneuvers, and use in special populations - A wealth of tables and graphs for quick clinical consultation and unique self-instruction sets of questions and answers- Fascinating and educational vignettes and puzzlers, extensive references for further reading, and -- new to this edition -- an invaluable appendix of fifty questions and answers, designed to test the reader's knowledge and comprehension of the text Densely informative and packed with practical material and special features, this truly essential guide is a handy clinical reference for experienced clinicians, an ideal teaching tool for educators, and a useful resource for residents, especially those preparing for the psychiatry board examinations.

Book Information

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"This is a very useful and easy to read update that clinicians can use in daily practice as a quick reference. The book is written in a very practical, user friendly format, differentiating itself from other books in this category. It is a good reference for anyone dealing with psychopharmacology."-

"Doody's Book Review Service," "October 2005""The "Handbook of Essential Psychopharmacology, Second Edition" contains a plethora of valuable knowledge: the text is succinct; the numerous tables throughout serve as quick reference material; and the reader can be challenged by the 'Q & A' sections. I highly recommend this handbook."- "Massachusetts Psychiatric Society Bulletin," "September 2005""One of the outstanding medical writers on our profession, Ronald Pies M.D., has again triumphed in the Second Edition of his "Handbook of Essential Psychopharmacology". The chapter overviews, numerous tables and graphs, and extensive question-and answer sections make for comfortable reading. Dr. Pies provides a wealth of practical information that will be of great interest to psychiatric residents and those of us in clinical practice."-- "David S. Harnett, M.D., Chief of Psychiatry, Lawrence Memorial Hospital of Medford, MA/Hallmark Health; Associate Clinical Professor of Psychiatry, Tufts University School of Medicine, Boston, Massachusetts""The "Handbook of Essential Psychopharmacology, Second Edition" contains a plethora of valuable knowledge: the text is succinct; the numerous tables throughout serve as quick reference material; and the reader can be challenged by the 'Q & A' sections. I highly recommend this handbook."--

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"October 2005""A preeminent scholar of psychopharmacology, Ronald Pies provides here a careful and concise handbook of psychopharmacology. If the practicing clinician were to choose one such book to keep at his side, this would be it. The question and answer sections alone are gems of balanced wisdom."-- "S. Nassir Ghaemi, M.D., M.P.H., Assistant Professor of Psychiatry, Harvard Medical School; Director, Bipolar Disorder Research Program, Cambridge Health Alliance, Boston, Massachusetts""This is an outstanding book... is an indispensable guide to the most current information in the rapidly expanding field of clinical psychopharmacology. This book provides a quick, current, and easily accessible guide to basic facts about current psychotropic agents,

including dosages, costs, indications, mechanisms of action, pharmacokinetics, drug-drug interactions, potentiation strategies, and uses in special populations. It is very well written and easy to read."-- "Journal of Clinical Psychiatry", "February 2006"

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This book was recommended by our psychopharmacology attending. I really love it! It has a ton of helpful charts, Q&A's format. One of the most useful psychopharm books I own and actually use. Highly recommend.

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